



შეფასებისა და გამოცდების
ეროვნული ცენტრი

ტესტი ინგლისურ ენაში

ინსტრუქცია

თქვენ წინაშეა საგამოცდო ტესტის ელექტრონული ბუკლეტი.

ტესტი შედგება 8 დავალებისაგან და ამოწმებს ინგლისურ ენაზე მოსმენის, კითხვისა და წერის უნარებს.

ლაპარაკის უნარის შესამოწმებელი ტესტი ტარდება დამოუკიდებლად.

პასუხები გადაიტანეთ პასუხების ფურცელზე. გახსოვდეთ, რომ სწორდება მხოლოდ პასუხების ფურცელი.

გამოცდის მაქსიმალური ქულაა 90, ხოლო ამ ტესტში მოცემული დავალებებისა - 74.

ტესტზე სამუშაოდ გეძლევათ 4 საათი.

გისურვებთ წარმატებას!



TASK 1: LISTENING (12 points)

You will hear an interview with Dr Allen Denver, speaking about mindfulness. For questions 1-12, fill in the gaps with one or two words. You now have 45 seconds to look through the task. You will hear the recording twice.

1. The purpose of mindfulness is to make us feel calm and
2. Mindfulness is the human ability which can be developed
3. Mindfulness is the ability not to be too to things happening around us.
4. The goals for some forms of yoga and some forms of mindfulness are
5. It is the from where mindfulness has originated.
6. The Centre for Mindfulness by Kabat-Zinn at the university of Massachusetts.
7. The aim of Kabat-Zinn's 8-week programme is to treat
8. Mindfulness is so popular nowadays because it can make people
9. One of the benefits of mindfulness is that it can improve your sleeping and habits.
10. According to Dr Denver, mindfulness techniques can be tried on of the year.
11. Counting the number of sounds with your eyes shut helps you to what's going on around you.
12. In the end, Dr Denver gives advice not to about the past or the future.

TASK 2: LISTENING (4 points)

You will hear four people talking about their opinion on robberies in the streets. From the list A-F, choose what each speaker 1-4 says. Use each letter only once. Two letters are extra. You have 30 seconds to look through the task. You will then hear the recording twice.

Which speaker says that

- A. walking with a group reduces risks of being robbed?
- B. robbery is never the main topic at the meetings in the police?
- C. the police must concentrate more on prevention of robberies?
- D. issuing speeding fines is the main duty of the police?
- E. looking confident helps you to avoid being robbed?
- F. street robbery is not really a serious problem?

TASK 3: READING (10 points)

Read the text. Then read the statements which follow (1-10) and decide whether they are True or False. If the sentence is true, mark the appropriate box (A-F) in the TRUE section of the answer sheet. If the sentence is false, mark the appropriate box (A-F) in the FALSE section of the answer sheet. For each statement mark only one box.

Growing old in modern society

A. On my way home every late afternoon, I nod smilingly at Uncle Hoke, a white-haired gentle old man who lives in the neighbourhood. Uncle Hoke is nearly eighty-five years old. Every day he goes outside of his modern house, settles in his comfortable chair and looks out at the street. People walk by and greet him. Sometimes there is a short, casual exchange of words; which happens less and less frequently as more and more people can afford cars. But Uncle Hoke still sits there every day, gladly welcoming each friendly, respectful nod from occasional passersby.

B. In this modern society, when there are plenty of means for prolonging our life span, we, regrettably, have reduced our appreciation for a happy long life. There are permanent talks about the aging population and the problems they will cause to our society. More and more people say that taking care of the aging members of the family is getting extremely hard. In each household busy working children cannot wait to put their aging family members into old people's homes; and modern grandchildren complain about how terribly forgetful their grandparents are getting because of old age. Unfortunately, we fail to understand how unsentimental we are to the real requirements of the elderly. We forget that one day we will grow old too and suffer the same lack of sympathy.

C. Certainly, improved living conditions have given us a big advantage - we have longer years to enjoy life and be with our loved ones. A long life is what everybody wants. A longer life span is a demographic target of every nation. There

are established studies of how to live a long life. However, not many of us are actually adopting a healthy lifestyle. Every single activity is getting more and more competitive and stressful. We spend five days a week exploiting our bodies and minds and pushing ourselves to the limit. On the weekends, however, we rush to yoga lessons or relaxation exercises falsely believing that we could make up for the number of dead cells we create during the week.

D. The overuse of advanced technology also contributes to some serious health conditions, such as depression and anxiety. What's more, many of the modern technological activities involve use of radiation, which of course, is the ultimate cause of cancer and other life-threatening diseases. Artificial pills, though containing nutrition, unfortunately do more harm than good. We make a rather good sum of money and then spend all of it on extravagant medical bills believing that we can make amends for our declining health. But that's just not true.

E. The truth is that the secrets of a happy long life lie in the lifestyle which is free of stress and a constant hurry. We have much to learn, for example, from the people of Sardinia and their healthy diet which is believed can make a big difference to life expectancy. We can also learn a lesson from the people on the Japanese island of Okinawa, who are reported to have the longest life spans and best health in the world. Nonetheless, things will not change much unless we hold the keys of true happy living in our hands and retreat a little from the intense and stressful lifestyle.

F. It's important to remember that our grandparents live longer not because of the cash we spare to put them in a premium home for the elderly, but because of the warmth of the house and the nurture of a supportive family. The money isn't always the answer. In fact, it is the kindness and compassion that contribute to a long and healthy life most. Longevity goes beyond all materialistic factors. We need to recognise the importance of vitality and the passion for life. So, do you want to grow old and stay happy? Then you have to love yourself, love your life and love others.

1. The excessive dependence on technology has put people's health at risk.
2. Uncle Hoke's day-to-day routine is unpredictable.
3. Money is the only thing that can ensure a long and healthy life for the elderly.
4. It's becoming increasingly difficult to care for the elderly relatives.
5. We are not right when we think that money spent on healthcare can restore our failing health.
6. Uncle Hoke ignores the friendly greetings from passing strangers.
7. Every country is aiming for a higher life expectancy.
8. A fast and busy lifestyle is the key to a long happy life.
9. We don't realise how indifferent we are to the elderly's true needs.
10. A weekend activity cannot compensate for the harm done to our health during the weekdays.

TASK 4: READING (6 points)

Six sentences have been removed from the text given below. Choose from the sentences (A-H) the one which best fits each gap (1-6). There are two extra sentences.

Teens' modern addiction

Most teenagers love mirrors and spend hours in front of them experimenting with hairstyles, makeup and fashion. (1). That's why each year a big number of them are trying to change their own image through plastic surgery. In the United States alone, the number of teenagers undergoing plastic surgery has doubled since 2012 with the most popular procedures being rhinoplasty, also known as a 'nose job', and breast enlargements. (2). Celebrities openly discuss what plastic surgeries they have undergone and are even proud of them. Teenagers want to take after celebrities, who are often famous just for their number of plastic surgeries. In many cases, parents accept such procedures as many of them have themselves undergone plastic surgeries. (3). Those parents who can't afford it may go into debt by taking a bank loan.

While most adults have plastic surgery to improve their looks, young people tend to have surgery to improve their relationships with their peers. (4). 'It can make a difference in how others treat you and how you feel about yourself, but it doesn't make you popular,' explains 17-year-old Ken from Illinois who had his ears operated on because they were sticking out. Usually the social problems come more from their low self-esteem rather than how they really look. As they wish to feel happier, many young people are prepared to go under the knife and put up with often terrible pain. They don't think about the risks associated with, for example, ear surgery. (5). The cosmetic surgery industry is not regulated in most countries and there are many incompetent surgeons operating today. In some cases teenagers are very pleased with the result of one plastic surgery and may decide to have one more to improve another part of the body. (6). It's often the beginning of addiction to plastic surgery that continues into adulthood. The true problem lies in poor self-image which can only be resolved by counseling.

- A. Teens often hope plastic surgery will fix their difficulties with peer groups.
- B. If both surgeries are successful, teenagers start to believe that a surgery can be the best way for solving any of their physical problems.
- C. Unfortunately, they are often unhappy with their reflections.
- D. Most of them are against any kind of plastic surgery for their kids.
- E. These two kinds of surgeries are on the rise because they are seen as acceptable ways of improving one's image.
- F. The surgery may go wrong and the result may be worse than a teenager was expecting.
- G. They are aware of the limitations of plastic surgery.
- H. Thus, they are more willing to give their permission to pay for their children's surgery.

TASK 5: READING/WORDBUILDING (10 points)

Read the text below. Use the words given in brackets to form a word that fits into the space. Do not copy the extra words from the text on the answer sheet.

What it means to be a great teacher

Teachers are arguably the most important members of our society because they give children purpose, and set them up for success as citizens of our world. Great teachers have the (1. ABLE) to change lives for the better. They can be a role model and an (2. INSPIRE) to go further and to dream bigger. By the time students graduate from high school, they will have spent about 10,000 hours at school being instructed by more than 30 teachers. That's why almost everyone has a story about a teacher who has touched his or her life. Just like so many (3. POLITICS), artists, astronauts and surgeons, we are who we are today partly because of a great teacher. Teachers (4. DEVOTION) their lives to giving their students the tools to succeed. They teach future presidents the importance of their country's Constitution and explain a (5. SCIENCE) method to a bright young student who may one day be able to cure cancer. It's the teacher's (6. RESPONSIBLE) to keep the flame of their students' motivation alive, because just like athletes, students need to be kept motivated to perform at peak levels. Teachers' (7. DEDICATE) is shown by their 'round-the-clock' work habits. Teachers don't stop working when the school bell rings. They grade papers, plan lessons and communicate with parents after school and on weekends. Most teachers arrive earlier than school starts to set up their day and provide extra (8. ASSIST) to students in need. Teaching is a tough job, but it is the one where you can make the most impact in another person's life. Students learn from people they love, and who love them as a whole person. There is a (9. JAPAN) proverb that says, 'Better than a thousand days of (10. DILIGENCE) study is one day with a great teacher.'

TASK 6: READING/CORRECTION OF MISTAKES (10 points)

Read each line (1-10) of the text carefully and, if you find a mistake in it, in the answer sheet mark the type of the mistake A-I. If the line has no mistake, mark the letter J. There may be only one mistake in the line.

Refer to the list of the types of the mistakes.

See the task on the next page.

	Recently I have decided to take up photography as a hobby. I have always taken photos
1	but I have never been very good to it. My snaps were a complete failure because the
2	camera I used for taking photos was very old. So, I thought this was the reason. First, I
3	believed that to be successfully, I needed to buy new equipment. But good cameras
4	costs so much that I couldn't afford any of them. Just then a friend who works in a
5	camera shop said she will sell me a good camera at a reasonable price. A customer
6	wanted to leave it at the shop to have it repaired, but there was some misunderstanding
7	and the camera was put on sale. This explanation seemed rather unbelievable to me. So,
8	I asked my friend some more questions. It turned out that as a result of a disagreement
9	the customer was thrown the camera at her angrily because he disliked the photos taken
10	with the camera. No wonder I refused to buy the camera.

TASK 7: WRITING (6 points)

An international organisation 'Education for All' has announced a job vacancy for the position of an education expert for elementary school reform. You would like to apply. Write a letter to Mr Barns, the director of the organisation, saying why you think you would be suitable for this job and what your relevant work experience is.

You should write between 140-160 words.

Do not write your or anybody else's name or surname in the letter.

TASK 8: WRITING (16 points)

Some people think that teachers' salary should depend on their pupils' academic achievements. Others disagree with this idea. Which idea do you agree with and why? Give specific reasons to support your answer.

You should write between 180-230 words.